

# INVITATION

## AGENDA

# ONLINE FIELD VISIT – MUNICIPALITY OF ARISTOTELIS

22<sup>ND</sup> OCTOBER 2021

### Morning session 9.30 - 12.30

Host: Municipality of Aristotelis

Participants: Open to all partners and local stakeholders

Language: English - translation will be provided

Registration in zoom:

[https://us06web.zoom.us/webinar/register/WN\\_xrWvcNJwQ2S9ecNTok7sCw](https://us06web.zoom.us/webinar/register/WN_xrWvcNJwQ2S9ecNTok7sCw)

### 9.20 - Participants log-in

### 9.30 - Welcome to Aristotelis

- Nicholas Avgerinos, vice mayor of Aristotelis

### 9.40 - Aristotelis challenges and strategy in the PROSPERA project

- Panos Tsolakidis, local project manager

- Nicholas Avgerinos, vice mayor of Aristotelis

### 9.55- Good practice 1: ARISTOTELIS GROVE

- Marilena Zamani, municipal councillor, AXTADA S.A. (Municipal Tourism Establishments Development Agency S.A)

- 10 min Q&A (ILVO)

### 10.25 - Good practice 2: HERITAGE HIKES

- Nicholas Avgerinos, vice mayor of Aristotelis

- min Q&A (ILVO)

### 10.55 Break

### 11.10 - Good practice 3: THE KOUZINA PROJECT

- Maria Pappa, Marketing & Communication Manager, Mount Athos Area Organisation

- min Q&A (ILVO)

### 11.40 - Good practice 4: WOMEN'S COOPERATIVES IN ARISTOTELIS

(+live jointly cooking workshop)

- 'Varvara' women's cooperative

- 10 min Q&A (Municipality of Aristotelis)

### 12.10 Conclusions

### 12.20 Lunch

### Local discussion (13.30 - 15.30)

Host: Local partners

Time: To be defined by local partner

Platform: Provided by local partner

### Plenary closing session (15:30-16:15)

Host: ILVO and the Municipality of Aristotelis

Participants : Open to all stakeholders

Platform: <https://us06web.zoom.us/j/85496699786>

# GPs SUMMARY



## GOOD PRACTICE - ARISTOTELIS

### Good practice 1: ARISTOTELIS GROVE

- Starting point of 12 cultural and natural routes (12 thematics)
- Destination: villages & natural heritage
- **Cultural and creative activities in nature**
- Link with education around Aristotelis philosophy
- Increase peoples relation with nature
- **Involvement** of cooperatives, local SMEs, athletic associations, cultural associations

For more information [HERE](#)

<input checked="" type="checkbox"/> Natural Heritage	<input type="checkbox"/> Climate Change	<input checked="" type="checkbox"/> Tourism	<input checked="" type="checkbox"/> Mobility	<input type="checkbox"/> Food production
<input checked="" type="checkbox"/> Cultural Heritage	<input type="checkbox"/> Population	<input checked="" type="checkbox"/> Environment	<input checked="" type="checkbox"/> Economy	<input type="checkbox"/> Built Environment

### 10.25 - Good practice 2: HERITAGE HIKES

- Cycling & hiking (and by car)
- **Involvement** of cooperatives, local SMEs, sports associations, cultural associations
- Cultural & Creative Tourism
- Activities in nature
- Protection of natural heritage & assets
- Increase awareness on environmental issues
- Learning process of knowing local species (flora & fauna, i.e herbs)

For more information [HERE](#)

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### Good practice 3: THE KOUZINA PROJECT

- Event to connect local stakeholders of the cultural/natural heritage, local authorities and organisations of Europe
- Initiative to learn about link between nature and culture
- Nature give us the ingredients!
- **Involvement** of cooperatives, local SMEs of the wine and gastronomy sector

For more information [HERE](#)

<input checked="" type="checkbox"/> Natural Heritage	<input type="checkbox"/> Climate Change	<input checked="" type="checkbox"/> Tourism	<input type="checkbox"/> Mobility	<input checked="" type="checkbox"/> Food production
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# GPs SUMMARY



## GOOD PRACTICE - ARISTOTELIS



### Good practice 4: WOMEN'S COOPERATIVES IN ARISTOTELIS

- Cultural & Creative Tourism
- Cooking in nature
- Nature in our dishes!
- Involvement of the wider audience & actual involvement in local practices and activities

For more information [HERE](#)

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### LET'S TASTE IT TOGETHER!

- During the presentation of GP4, a live cooking workshop will be taken place! As we cannot offer you a live experience on Aristotelis gastronomy, we will share with you the experience of cooking along with the women of the Varvara cooperative.
- Please find the ingredients for the recipe and join us on the online **cooking workshop!**

#### **HILOPITES** recipe

- 1,5 l water
- 1 tables poon butter
- 1 Kg hilopites
- Feta cheese (optional)

- From Hilopites separate 150 gr and in a pan put ½ tablespoon butter to break them.
- In a pot we throw the water, the butter and as soon as the water is boiling, we throw all the Hilopites (and those that are in the pan).
- After boiling throw the cheese.

We also serve,  
Good appetite!

# VISIT ARISTOTELIS



## THE MUNICIPALITY OF ARISTOTELIS

### Official websites

- <http://www.dimosaristoteli.gr/en/> (Municipality of Aristotelis)
- <https://www.youtube.com/user/aristotlemunicipal> (Municipality of Aristotelis YouTube channel)
- <http://en.mountathosarea.org/> (Mount Athos Area Organisation)

### A view of the Aristotelis villages:

[https://www.youtube.com/watch?v=xiQN42SycWk&ab\\_channel=GeorgiOk](https://www.youtube.com/watch?v=xiQN42SycWk&ab_channel=GeorgiOk)

### Tourism product of Aristotelis

Discover all your senses in Aristotelis (travel guide): [http://www.dimosaristoteli.gr/files/travelguide201401\\_gr.pdf](http://www.dimosaristoteli.gr/files/travelguide201401_gr.pdf)

Since you are not able to travel Aristotelis, please find our e-brochures for specific visitors' groups:

- For pilgrims: [PILGRIMAGE EASTERN HALKIDIKI by 999126021 - issuu](#)
- For trekkers: [Routes Eastern Halkidiki by Cat Advertising - issuu](#)
- For luxury holidays lovers: [Luxury Eastern Halkidiki by Cat Advertising - issuu](#)
- For wine lovers: [Wine Book by Cat Advertising - issuu](#)
- For sea & sun followers: <https://ln5.sync.com/dl/dd00f2920/cevpkbwh-hqk9vng3-869qkdpd-278wa3du>
- Aristotelian Walk: <https://ln5.sync.com/dl/c3ac1a1f0/83sfg96d-vw4injzm-bfk9kubh-jihi9wkn>

### KOUZINA 2021 summary video of closing ceremony

<https://ln5.sync.com/dl/e20265540/psynqsap-7n6br7xr-66vqze2f-6qquvcqf>